

The California Department of Education Science, Technology, Engineering, and Mathematics Office (STEM)

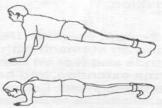
FEDERAL PROGRAM MONITORING (FPM)

Physical Education (PE)

































WELCOME!

Mike Lee, M.A.

Physical Education Programs Consultant



Professional Learning Support Division
California Department of Education





Physical Education Madel Content Standards for Cultional Philip Schools Redegation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Grads Torsive Physical Education Framework for California Public Schools Rindergation Through Rindergation Th

TRAINING OBJECTIVES

By the end of this presentation, you will understand:

- ✓ the FPM process as it relates to PE.
- ✓ the nine (9) instrument items reviewed for PE.
- ✓ the appropriate documents that can provide evidence that the local educational agency (LEA) is meeting the requirements in the nine (9) instrument items being reviewed for PE.
- ✓ your role in the FPM process.
- ✓ tips for a more efficient and productive review.





GENERAL FPM OVERVIEW

- The FPM Office uses a risk-based approach to determine which LEAs/sites will be reviewed?
- Among several risk factors analyzed are: academic achievement, fiscal analysis, compliance history, and random selection.
- ➤ Monitoring Cycles
 - Each LEA is listed in either Cycle A, B, C, or D
 - Two (2) alternating cycles reviewed each year
 - Cycles A & C in 2014-15
- On-site and Online Monitoring
 - Cycle A On-site Reviews
 - Cycle C Online Reviews



Tom Torlakson State Superintendent

of Public Instruction

PE LEA/SITE SELECTION

Once the FPM Office has selected the LEAs and sites, the information is sent to each program for LEA and site selection.



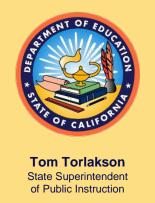
- LEA and site selection criteria for PE include:
 - Three (3) year or greater history of declining physical fitness test (PFT) scores
 - Previous finding(s) of non-compliance, especially for LEAs with three (3) or more findings in their previous review
 - History of not resolving findings within the resolution period





PE LEA/SITE SELECTION

- > PE site selection criteria include (continued):
 - LEAs with high school(s) on a block schedule waiver approved by the State Board of Education (SBE)
 - LEAs that have not been reviewed in two (2) or more cycles
 - Random selection

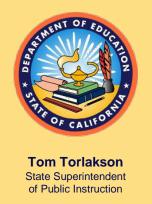


IV-PE 01: Testing – FITNESSGRAM





IV-PE 01. The local educational agency (LEA) is required to participate in the California Physical Performance Testing program by administering the California Physical Fitness Test (FITNESSGRAM) to each student in grades five (5), seven (7), and nine (9) during the months of February, March, April, or May of each year. The LEA shall submit these results to the California Department of Education (CDE) at least once every two (2) years and report the results of its physical fitness testing in its annual School Accountability Report Card (SARC). (EC sections 33352[b][4], 33352[b][5], 60800)



IV-PE 01: Testing – FITNESSGRAM





For each <u>elementary/middle/high school</u> listed on the review schedule, the

LEA must upload in CAIS:

Required Documentation

School Accountability Report Card (SARC)



Tom Torlakson

State Superintendent of Public Instruction

PE INSTRUMENT ITEMS

IV-PE 02: Evaluation – High School



IV-PE 02. High school students must be evaluated on their progress in each of the following areas:

- 1) Effects of physical activity upon dynamic health;
- 2) Mechanics of body movement;
- 3) Aquatics;
- 4) Gymnastics and tumbling;
- 5) Individual and dual sports;
- 6) Rhythms and dance;
- 7) Team sports; and
- 8) Combatives (may include self-defense).





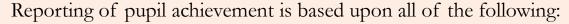
Tom Torlakson

State Superintendent of Public Instruction

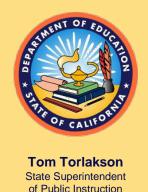
PE INSTRUMENT ITEMS

IV-PE 02: Evaluation – High School



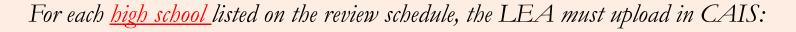


- 1) Evaluation of the pupil's individual progress and the measure of his attainment of the goals specified in each area of instruction listed in subsection (a) of this section.
- 2) Tests designed to determine skill and knowledge.
- 3) Physical performance tests.
- 4) Any other evaluation procedures required by local governing board regulations. (5 *CCR* Section 10060[g])



IV-PE 02: Evaluation – High School





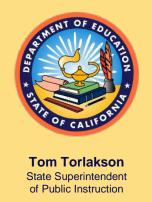
Required Documentation

- Master Schedule
- PE Course Outlines/Descriptions with Evaluation Strategies or Guidelines

Suggested Documentation

PE Course Syllabi with Evaluation Strategies or Guidelines





V-PE 03: Teaching Credentials





V-PE 03. The LEA must provide instruction in physical education to students in any of grades one through twelve (1-12), inclusive, by physical education teachers who hold appropriate teaching credentials issued by the Commission on Teacher Credentialing (CTC). Instructional aides, paraprofessionals, and volunteers may only assist the teacher. (*EC* sections 33352[b][9], 45343-45367)



Tom Torlakson State Superintendent

of Public Instruction



PE INSTRUMENT ITEMS

V-PE 03: Teaching Credentials



For each <u>elementary/middle/high school</u> listed on the review schedule, the LEA must upload in CAIS:

Required Documentation

- Master Schedule
- Faculty Roster/Teacher Assignments
 - CTC Teaching Credentials

(Teacher first and last names)





PE INSTRUMENT ITEMS

V-PE 03: Teaching Credentials

Document Title: Single Subject Teaching Credential

Term: Clear Status: Valid

Issue Date: 6/24/2010 Expiration Date: 7/1/2015 Original Issue Date: 9/5/2008

Grade:

Special Grade:

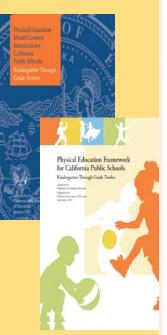
SB1969 (Title 5 §80487):

Authorization / Subjects

Added Authorization 🛆 Authorization Authorization Description Description Code Date This document authorizes the holder to provide the following services to English learners: (1) instruction for English language development in grades twelve and below, including preschool, and in classes organized primarily for adults; and (2) specially NONE designed content instruction delivered in English in single-subject-R142 matter (departmentalized) courses as authorized on this document. This authorization also covers classes authorized by other valid, non-emergency credentials held, as specified in Education Code Section 44253.3. This document authorizes the holder to teach the subject area(s) Physical MAJ listed in grades twelve and below, including preschool, and in R1S Education classes organized primarily for adults.

1 - 2 of 2





PE INSTRUMENT ITEMS

Document Title: Multiple Subject Teaching Credential

Term: Clear Status: Valid

Issue Date: 4/10/2009 Expiration Date: 5/1/2014 Original Issue Date: 12/20/2005

Grade:

Special Grade:

SB1969 (Title 5 680487):

Authorization / Subjects

A Major/ AS

General Subjects

(Examination)

MAI

Added Authorization Date

1 - 2 of 2

R₂M

R242

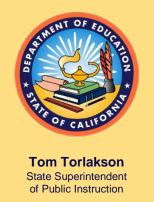
Code

Authorization (A) Authorization Description

> This credential authorizes the holder to teach all subjects in a selfcontained class and, as a self-contained classroom teacher, to team teach or to regroup students across classrooms, in grades twelve and below, including preschool, and in classes organized primarily for adults. In addition, this credential authorizes the holder to teach core classes consisting of two or more subjects to the same group of students in grades five through eight, and to teach any of the core subjects he or she is teaching to a single group of students in the same grade level as the core for less than fifty percent of his or her work day.

> This document authorizes the holder to provide the following services to English learners: (1) instruction for English language development in grades twelve and below, including preschool, and in classes organized primarily for adults; and (2) specially designed content instruction delivered in English in multiplesubject-matter (self-contained) classes, or single-subject-matter (departmentalized) courses as authorized by any supplementary authorization listed. This authorization also covers classes authorized by other valid, non-emergency credentials held, as specified in Education Code Section 44253.3.

NONE

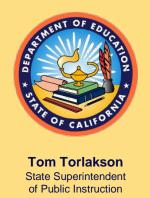


VI-PE 04: Coeducational, Inclusive Manner





VI-PE 04. All physical education classes shall be conducted in the coeducational, inclusive manner prescribed by law. The LEA must provide instruction in physical education that provides equal access and equal opportunities for participation for all students, regardless of gender. (*EC* Section 33352[b][8]; 5 *CCR* sections 4930, 4931, 4940; Title IX, 106.33, 106.34)



VI-PE 04: Coeducational, Inclusive Manner

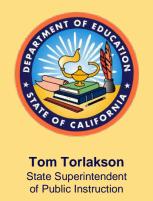




For each <u>elementary/middle/high school</u> listed on the review schedule, the LEA must upload in CAIS:

Required Documentation

- PE Governing Board Policy (6142.7)
 - Master Schedule
- Faculty Roster/Teacher Assignments
- PE Class Rosters (last names removed)

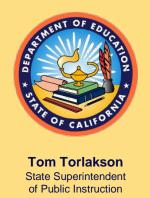


VII-PE 05: Instruction – Elementary School





VII-PE 05. Elementary school students in grades one through six (1-6), inclusive, shall receive physical education instruction for a minimum of 200 minutes each 10 school days, exclusive of recesses and the lunch period. (*EC* sections 33352[b][1], 51210[g], 51210.1[a][1][A])



VII-PE 05: Instruction – Elementary School





For each <u>elementary school</u> listed on the review schedule, the LEA must upload in CAIS:

Required Documentation

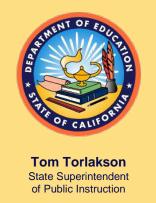
- Faculty Roster/Teacher Assignments
 - PE Instructional Minutes Report



for California Public Schools

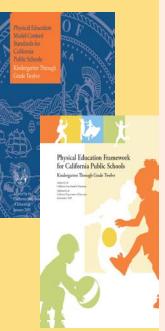
PE INSTRUMENT ITEMS

VII-PE 05: Instruction – Elementary School AaBbCc ¶ Normal ¶ No Spaci... Heading 1 Heading 2 Title Subtitle Subtle Em... Emphasis Intense E... Strong Quote Intense Q... Format Painter 2014-2015 PHYSICAL EDUCATION INSTRUCTIONAL MINUTES REPORT LEA/School District: Instructions: (see sample below) 1) Enter teachers' first and last names in the "Teacher" column for every teacher teaching his/her own physical education. Kindergarten and special education/special day classes are not required. Highlight any times taught by a PE specialist Enter the grade level(s) taught in the "Grade(s)" column. 3) Enter the start - end times (use am/pm notations) and daily minutes in the respective columns for each day physical education instruction occurs for each teacher. Each line of five days represents one week, two lines per instructor equals 10 school days. 4) Calculate the total weekly minutes for each week (going across), as well as the total minutes for both weeks (going down). 5) LEAs may adapt this form so it better meets their needs. Teacher Grade(s) Monday Wednesday

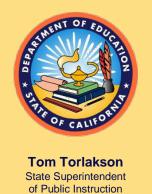


VII-PE 06: Instruction – Middle and High School





VII-PE 06. Middle school and high school students in grades seven through twelve (7-12), inclusive, shall receive physical education instruction for a minimum of 400 minutes each 10 school days. Students in grades seven and eight (7-8) who attend a K-8 elementary school shall receive physical education instruction for at least 200 minutes each 10 school days, exclusive of recesses and the lunch period. (*EC* sections 33352[b][2], 33352[b][3], 51222[a], 51223)



VII-PE 06: Instruction – Middle and High School (Evidence)



For each <u>middle/high school</u> listed on the review schedule, the LEA must upload in CAIS:



- Master Schedule
 - Bell Schedule







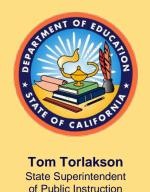
PE INSTRUMENT ITEMS

VII-PE 07: Teaching - High School

(Description)

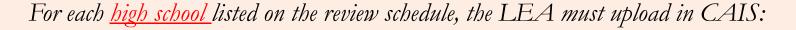
VII-PE 07. LEAs that maintain a high school shall provide a course of study in physical education to students in any of grades nine through twelve (9-12), inclusive, with a developmentally appropriate sequence of instruction, including:

- 1) Effects of physical activity upon dynamic health;
- 2) Mechanics of body movement;
- 3) Aquatics;
- 4) Gymnastics and tumbling;
- 5) Individual and dual sports;
- 6) Rhythms and dance;
- 7) Team sports; and
- 8) Combatives (may include self-defense). (EC sections 33352[b][7], 51014, 51220[d]; 5 CCR Section 10060[a])



VII-PE 07: Teaching – High School



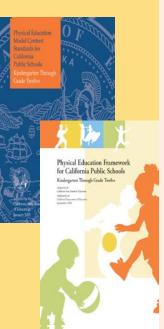


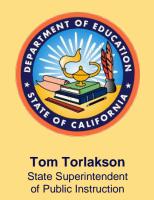
Required Documentation

- Master Schedule
- PE Course Outlines/Descriptions with Sequence of Instruction/Standards

Suggested Documentation

■ PE Course Syllabi with Sequence of Instruction/Standards





VII-PE 08: Exempted Students I





VII-PE 08. LEAs that maintain a high school and elect to exempt students from required attendance in physical education for two (2) years any time during grades ten through twelve (10-12), inclusive, must offer those exempted students a variety of elective physical education courses, each with a minimum of 400 minutes each 10 school days. (*EC* sections 33352[b][6], 51222[b], 51241[b][2])

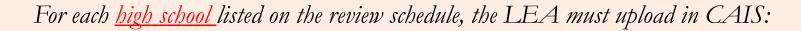


State Superintendent of Public Instruction

PE INSTRUMENT ITEMS

VII-PE 08: Exempted Students I





Required Documentation

- Master Schedule
- PE Course Outlines/Descriptions (electives only)

Suggested Documentation

- PE Course Syllabi (electives only)
 - PE Course Selection Sheets







PE INSTRUMENT ITEMS

VII-PE 09: Exempted Students II

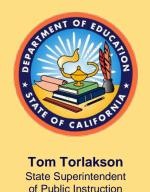


VII-PE 09. LEAs may grant three (3) distinct and separate types of exemptions from courses in physical education for high school students:

Temporary:

The governing board of a school district or the office of the county superintendent of schools of a county may grant a temporary exemption to a pupil from courses in physical education, if the pupil is one of the following:

- Ill or injured and a modified program to meet the needs of the pupil cannot be provided.
- Enrolled for one-half, or less, of the work normally required of full-time pupils. (*EC* Section 51241[a][1][2])



VII-PE 09: Exempted Students II





Two-year:

The governing board of a school district or the office of the county superintendent of schools of a county, with the consent of a pupil, may grant a pupil an exemption from courses in physical education for two years anytime during grades 10-12, inclusive, if the pupil has met satisfactorily at least five of the six standards of the physical performance test administered in grade 9 pursuant to Section 60800. (*EC* Section 51241[b][1])



State Superintendent of Public Instruction

PE INSTRUMENT ITEMS

VII-PE 09: Exempted Students II

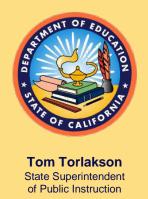




Permanent:

The governing board of a school district or the office of the county superintendent of a county may grant permanent exemption from courses in physical education if the pupil complies with any one of the following:

- Is 16 years of age or older and has been enrolled in grade 10 for one academic year or longer.
- Is enrolled as a postgraduate pupil.
- Is enrolled in a juvenile home, ranch, camp, or forestry camp school where pupils are scheduled for recreation and exercise pursuant to the requirements of Article 24 (commencing with Section 880) of Chapter 2 of Part 1 of Division 2 of the Welfare and Institutions Code. (EC Section 51241[c][1][2][3])



VII-PE 09: Exempted Students II





For each <u>high school</u> listed on the review schedule, the LEA must upload in CAIS:

Required Documentation

- PE Governing Board Policy (6142.7)
- PE Description of Process Used to Grant Exemptions
- PE Documents to Apply for and/or Monitor/Record Exemptions





HELPFUL TIPS

- 1) Upload PE instrument by the review start date (earlier if possible).

 Upload required documents for only those schools being reviewed.
- 2) Post a comment in CAIS every time a document is uploaded so the reviewer is alerted.
- 3) Upload requested documents, as well as provide answers to any questions, as soon as possible.
- 4) When revising/creating required documents, email to reviewer for feedback before uploading in CAIS.
- 5) Ask questions and request assistance!



Physical Education McGel Content Standards for California Public Schools Redergram Through Grade Turcher Physical Education Framework for California Public Schools Redergram Through Grade Turcher Physical Education Framework for California Public Schools Redergram Through Grade Turcher Physical Education Framework for California Public Schools Redergram Standard School Redergram School Reder

QUESTIONS?





Tom Torlakson

State Superintendent of Public Instruction

CONTACT INFORMATION

Mike Lee

Physical Education Programs Consultant

916-323-5798

mlee@cde.ca.gov

Dr. Robert Calvo, Retired Annuitant

916-324-5686

rcalvo@cde.ca.gov

Physical Education FAQs

http://www.cde.ca.gov/pd/ca/pe/physeducfaqs.asp

